

References compiled by Jeff Evenson, MA, HLC, PHC – Holistic Healing Practitioner in Finlayson, MN. <https://www.evensonholistic.com>. These are references Jeff used in the completion of his Master's degree in Health Arts and Sciences in 2011.

- This is only a subset of the full bibliography he used.
- Some of these resources may have more current updates or publications.

For those studying muscle testing and human energy systems, the following references are only guides. It is up to you to begin the journey to develop your own understanding of human energy, muscle testing, remote testing, quantum physics and entanglements. Each person will create their path and find what works for them and their clients. It is a journey, but one well worth exploring. Open your hearts and minds when you begin. Be ready for the Universe to open your horizons and possibly shake your foundational beliefs of who you are.

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